

Ministry of Water, Land and Resource Stewardship

High Streamflow Advisory – Central Interior

Issued: 12:45 PM August 22, 2026

The River Forecast Centre is issuing a High Streamflow Advisory for the Central Interior including:

- Chilcotin River
- Pemberton and its upstream watersheds
- Bridge River
- Cariboo Region

Weather Synopsis:

A low-pressure weather system is expected to move across British Columbia from the southwest coast toward the Alberta-B.C. border region from this afternoon into tomorrow. Today's precipitation is expected to be about 20 to 25 mm across central and southern B.C. Tomorrow, precipitation totals are forecast to range from 30 to 60 mm in the Cariboo, 100 Mile House, and Yellowhead regions. There is also a risk of thunderstorms, which could result in localized heavy downpours and higher rainfall totals.

River Conditions:

While widespread high flows are not forecast, streamflows could rise rapidly in the areas highlighted by the advisory, particularly where higher-end forecast scenario rainfall and locally heavy downpours occur. The Lillooet, Bridge, and southern Chilcotin regions may experience streamflow increases exceeding the 2-year return period from this afternoon into tomorrow. Areas affected by wildfires in recent years, including those burned this year, are particularly vulnerable and may experience more rapid and higher streamflow responses.

Current river levels are extremely low in most areas; conditions are expected to be dynamic throughout the weekend with periods of rapid river rises. Fast-flowing rivers pose increased risk to life safety.

The [River Forecast Centre](#) continues to monitor the conditions and will provide updates as conditions warrant.

For information on how to prepare for flood hazards, visit [PreparedBC](#).

Ministry of Water, Land and Resource Stewardship

BC River Forecast Centre

Ministry of Water, Land and Resource Stewardship

A **High Streamflow Advisory** means that river levels are rising or expected to rise rapidly, but that no major flooding is expected. Fast-flowing bodies of water increase risk to life safety. Minor flooding in low-lying areas is possible.

A **Flood Watch** means that river levels are rising and will approach or may exceed bankfull. Flooding of areas adjacent to affected rivers may occur.

A **Flood Warning** means that river levels have exceeded bankfull or will exceed bankfull imminently, and that flooding of areas adjacent to the rivers affected will result.